

BREAKFAST & LUNCH



2024-2025
School Year

DECEMBER MENU

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>BREAKFAST: Yogurt Parfaits, Cereal/Toast, Fruit, Milk</p> <p>LUNCH: Beef Nachos, Broccoli, Shr. Lettuce, Diced Tomatoes, Fruit, Milk</p>	<p>3</p> <p>BREAKFAST: Muffin/Yogurt(E) Cereal/Toast, Fruit, Milk</p> <p>LUNCH: Pulled Pork on Bun, Mac-n-Cheese, Green beans, Coleslaw, Fruit, Milk</p>	<p>4</p> <p>BREAKFAST: Iced Long John/Cereal, Toast/Fruit/Juice, Milk</p> <p>LUNCH: Cheesy Breadsticks w/Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p>5</p> <p>BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Chili/Chicken Noodle Soup, Glazed carrots, Asparagus, Cinnamon Rolls, Crackers, Fruit, Milk</p>	<p>6</p> <p>BREAKFAST: Scrambled Eggs, Sausage Links, Toast/Cereal/ Fruit, Juice, Milk</p> <p>LUNCH: Hotdog on Bun, Baked Beans, French Fries, Fruit, Milk</p>
<p>9</p> <p>BREAKFAST: Colby Cheese Omelet, Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Chicken Strip Wrap Lettuce, Tomatoes, Baked Beans, Fruit, Milk</p>	<p>10</p> <p>BREAKFAST: Muffin/Yogurt(E) Cereal, Toast Fruit, Juice, Milk</p> <p>LUNCH: Hot Ham & Cheese on Bun, Broccoli, Potato Wedges, Potato Stars (E) Fruit, Milk</p>	<p>11 1:30 EARLY OUT</p> <p>BREAKFAST: Fr. Toast Sticks/ Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Spaghetti w/Meat Sauce, Garlic Breadstick, Lettuce Salad, Grape Tomatoes, Fruit, Milk</p>	<p>12</p> <p>BREAKFAST: Muffin/Yogurt(E) Cereal/Toast/Fruit, Juice, Milk</p> <p>LUNCH: Tomato Soup, Grilled Cheese Sandwich, Buttered Carrots, Cottage Cheese, Fruit, Milk</p>	<p>13</p> <p>BREAKFAST: Scrambled Eggs & Ham/Toast/Cereal/Fruit, Juice Milk</p> <p>LUNCH: Crisritos, Cheese Sauce, California Blend, Diced Tomatoes, Fruit, Milk</p>
<p>16</p> <p>BREAKFAST: Sausage*Egg & Cheese Croissant/Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Beef (H.S) Chicken (E) & Ramen Noodles, Asian Veggies, Baby Carrots, Bread Sticks, Fruit, Milk,</p>	<p>17</p> <p>BREAKFAST: Muffin/Yogurt(E) Toast/Cereal/ Fruit, Juice, Milk</p> <p>LUNCH: Cheese Pizza, Lettuce Salad, Grape Tomatoes, Garlic Butter Veggies, Fruit, Milk</p>	<p>18</p> <p>BREAKFAST: Snack Bread Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Orange Chicken (sauce on the side) Rice, Broccoli, Cauliflower, Dinner Roll*, Tea Roll (E) Fruit, Milk</p>	<p>19</p> <p>BREAKFAST: Muffin/Yogurt(E) Toast/Cereal/ Fruit, Juice, Milk</p> <p>LUNCH: Hamburger, Crinkle Cut Fries, Baked Beans, Tomato Slices, Fruit, Milk</p>	<p>20 1:30 EARLY OUT</p> <p>BREAKFAST: Yogurt Fruit Smoothy, Toast/Cereal, Fruit Juice Milk</p> <p>LUNCH: Pizza Crunchers, Buttered Carrots, Cauliflower, Ice Cream, Fruit, Milk</p>
<p>23</p> <p>CLOSED Winter Break</p>	<p>24</p> <p>CLOSED Winter Break</p>	<p>25</p> <p>CLOSED Winter Break</p>	<p>26</p> <p>CLOSED Winter Break</p>	<p>27</p> <p>CLOSED Winter Break</p>
<p>30</p> <p>CLOSED Winter Break</p>	<p>31</p> <p>CLOSED Winter Break</p>	<p>SALAD BAR AVAILABLE DAILY AT THE MS/HS SCHOOL</p>		

All bread/buns are whole grain-rich only
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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