



2024-2025
School Year

JANUARY MENU

Elementary &
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL except as noted</p>				
<p>6 BREAKFAST: Breakfast Pizza, Toast/Cereal, Fruit, Milk LUNCH: Br. Chicken Patty on Bun, Potato Wedges, Broccoli, Shr. Lettuce, Sliced Tomatoes, Fruit, Milk</p>	<p>7 BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk LUNCH: Lasagna, Glazed Carrots, Lettuce Salad, Grape Tomatoes, Garlic Bread Sticks, Fruit, Milk</p>	<p>8 1:30 EARLY OUT BREAKFAST: Min Donuts Toast/Cereal, Fruit, Juice, Milk LUNCH: Hot Ham & Cheese on Bun, Baked Beans, Cali. Blend Veggies, Fruit, Milk</p>	<p>9 BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk LUNCH: French Bread Pizza, Corn, Baby carrots, Cookie* Fruit, Milk</p>	<p>10 BREAKFAST: Mini Waffles Toast/Cereal, Fruit, Juice, Milk LUNCH: Popcorn Chicken Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk</p>
<p>13 BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit Juice, Milk LUNCH: Beef Nachos, Broccoli, Shred. Lettuce, Tomatoes, Red Peppers, Fruit, Milk</p>	<p>14 BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk LUNCH: Pulled Pork Sandwich, Mac-n-Cheese, Green Beans, Coleslaw, Cauliflower, Fruit, Milk</p>	<p>15 BREAKFAST: Iced Long Johns/Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheesy Breadsticks/ Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p>16 BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk LUNCH: Chili or Chicken Noodle Soup, Glazed Carrots, Asparagus, , Cinnamon Roll, Fruit, Milk</p>	<p>17 BREAKFAST: Scrambled Eggs & Sau. Link/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Hot Dog on Bun, Baked Beans, French Fries, Cucumbers, Fruit, Milk</p>
<p>20 BREAKFAST: Colby cheese Omelet, /Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Strip Wrap Glazed Carrots, Baked Beans, Tomatoes, Shr. Lettuce, Fruit, Milk</p>	<p>21 BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk LUNCH: Philly Cheesesteak on Bun, Green Beans, Potato Stars(E) Tater Tots* Fruit, Milk</p>	<p>22 1:30 EARLY OUT BREAKFAST: French Toast Sticks, Toast/Cereal, Fruit, Juice, Milk LUNCH: Spaghetti & Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Knots, Fruit, Milk</p>	<p>23 BREAKFAST: Muffin/Yogurt(E) Toast/Cereal, Fruit, Juice, Milk LUNCH: Tomato Soup, Grilled Cheese Sand. Broccoli, Cottage Cheese, Fruit, Milk</p>	<p>24 BREAKFAST: Scram. Eggs & Ham, Toast/Cereal, Fruit, Juice, Milk LUNCH: Crisпитos, California Blend, Shredded Lettuce, Diced Tomatoes, Fruit, Milk</p>
<p>27 BREAKFAST: Sau. Egg Croissant, Toast/Cereal, Fruit, Juice, Milk LUNCH: Beef & Ramin Noodles, Asian Veggies, Baby Carrots, Bread Sticks, Fruit, Milk</p>	<p>28 BREAKFAST: Muffin/Yogurt(E) Toast, Cereal, Fruit, Juice, Milk LUNCH: Cheese Pizza (Beef)* Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p>29 BREAKFAST: Iced Long John Toast/Cereal, Fruit, Juice, Milk LUNCH: Orange Chicken, Rice, Broccoli, Cauliflower, Dinner Roll,* Tea Roll (E), Fruit, Milk</p>	<p>30 BREAKFAST: Muffin/Yogurt Toast/Cereal, Fruit, Juice, Milk LUNCH: Hamburger on Bun, French Fries, Baked Beans, Tomato Slices, Fruit, Milk</p>	<p>31 BREAKFAST: Yogurt Fruit Smoothy, Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Alfredo, Winter Mix, Baby Carrots, Garlic Bread, Fruit, Milk</p>

All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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* = Ms./Sr. High only, E = Elementary only
** High School only

BREAKFAST & LUNCH



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