

# BREAKFAST & LUNCH



2025-2026  
School Year

# MAY MENU

Elementary &  
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL</b></p> <p><b>No Salads last week of school</b></p>				<p><b>1</b> <b>BREAKFAST:</b> Mini Waffles, Toast, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Popcorn Chicken, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk</p>
<p><b>4</b> <b>BREAKFAST:</b> Yogurt Parfaits, Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Beef Nachos, Broccoli, Shr. Lettuce, Diced Tomatoes, Fruit, Milk</p>	<p><b>5</b> <b>BREAKFAST:</b> Breakfast Burrito, Toast/Yogurt, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Pulled Pork on Bun, Mac-N-Cheese, Green Beans, Coleslaw* Fruit, Milk</p>	<p><b>6</b> <b>EARLY OUT</b> <b>BREAKFAST:</b> Iced Long Johns, Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheesy Breadsticks/ Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p><b>7</b> <b>BREAKFAST:</b> Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Tomato Soup, Grilled Cheese, Buttered Carrots, Cottage Cheese, Fruit, Milk</p>	<p><b>8</b> <b>BREAKFAST:</b> Scrambled Eggs &amp; Sausage Links, Toast, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Hotdog on Bun, Baked Beans, French Fries, Cucumbers, Fruit, Milk</p>
<p><b>11</b> <b>BREAKFAST:</b> Cheese Omelet, Toast/Cereal, Fruit Juice, Milk <b>LUNCH:</b> Chicken Strip Wrap, Diced Tomatoes, Shred. Lettuce, Glazed Carrots, Cucumber, Fruit, Milk</p>	<p><b>12</b> <b>BREAKFAST:</b> Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Spaghetti, Meat Sauce, Breadsticks, Lettuce Salad, Gr. Tomatoes, Fruit, Milk</p>	<p><b>13</b> <b>BREAKFAST:</b> French Toast Sticks, Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Crispos, Cali Blend Veggie, Shred. Lettuce, Diced Tomatoes, Fruit, Milk</p>	<p><b>14</b> <b>BREAKFAST:</b> Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Ham &amp; Turkey Subs Baked Beans, Tomato Slices, Shredded Lettuce, Fruit, Milk</p>	<p><b>15</b> <b>REAKFAST:</b> Scr. Eggs &amp; Ham Toast, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Sloppy Joes, Crispy Green Beans <b>H.S.</b> Onion Rings <b>(E)</b> Broccoli, Fruit, Milk</p>
<p><b>18</b> <b>BREAKFAST:</b> Sausage, Egg, Cheese Croissant <b>(H.S)</b> Breakfast Pizza <b>(E)</b> Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Taco Quesadilla, Spanish Rice, Corn, Fruit, Milk</p>	<p><b>19</b> <b>BREAKFAST:</b> Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Beef Pizza* Cheese Pizza <b>(E)</b> Lettuce Salad, Gr. Tomatoes, Garlic Veggies, Fruit, Milk</p>	<p><b>20</b> <b>BREAKFAST:</b> Snack Bread, Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Corn Dogs, Baked Beans, Cali. Blend Veggie, Fruit, Milk</p>	<p><b>21</b> <b>BREAKFAST:</b> Muffin/Toast/ Yogurt, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Hamburger on Bun, <b>(E)</b> French Fries, Sliced Tomatoes, Fruit, Milk <b>H.S. Pizza Crunchers</b></p>	<p><b>22</b> <b>BREAKFAST:</b> Yogurt Parfaits, Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Pizza Crunchers, <b>(E)</b> Buttered Carrots, Cauliflower Fruit, Mil k <b>H.S. Hamburgers, Chips, Dragon Punch, Fruit, Milk</b></p>
<p><b>Summer Food Program starts Monday June 1 thru July 10 11:00-11:45</b></p> <p><b>Free lunch for children 1-18</b></p> <p><b>FIRST LUTHERAN CHURCH</b> 309 9<sup>th</sup> S N, Northwood</p>				

All bread/buns are whole grain-rich only  
All milk is 1% low-fat or fat-free

**MENU SUBJECT TO CHANGE**

\* = Ms./Sr. High only, **E** = Elementary

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