

BREAKFAST & LUNCH



2024-2025
School Year

NOVEMBER MENU

Elementary &
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL except as noted NO SALADS OR ALTERNATE (E)</p>				<p>1 BREAKFAST: Scrambled Eggs & Ham Toast/Cereal, Fruit, Juice, Milk LUNCH: Crisпитos, Cheese Sauce, Cali. Blend Veggie, Diced Tomatoes, Shr. Lettuce, Fruit, Milk</p>
<p>4 BREAKFAST: Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Strip Wrap, Glazed Carrots, Tomatoes, Shred. Lettuce, Cucumbers, Fruit Milk</p>	<p>5 BREAKFAST: Muffins/Yogurt/Toast/Cereal, Fruit, Juice, Milk LUNCH: TaterTot Casserole, Green Beans, Tea Roll, Fruit, Milk</p>	<p>6 BREAKFAST: French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk LUNCH: Spaghetti w/ Meat Sauce, Garlic Bread, Lettuce Salad, Grape Tomatoes, Fruit, Milk</p>	<p>7 BREAKFAST: Muffins/Yogurt/Toast/Cereal, Fruit, Juice, Milk LUNCH: Hot Dog on Bun, Baked Beans, Crinkle cut Fries, Cucumbers, Fruit, Milk</p>	<p>8 NO SCHOOL</p>
<p>11 BREAKFAST: Saus., Egg, Cheese, Croissant/Toast/Cereal, Fruit, Milk LUNCH: Beef (H.S) Chicken(E), Ramen Noodles, Asian Veggies, Baby Carrots, Bread Stick, Fruit, Milk</p>	<p>12 BREAKFAST: Muffins/Yogurt/Cereal/Toast/, Fruit, Juice, Milk LUNCH: Cheese Pizza, Lettuce Salad, Grape Tomatoes, Garlic Butter Veggies, Fruit, Milk</p>	<p>13 BREAKFAST: Snack Bread/Toast/Cereal, Fruit, Juice, Milk LUNCH: Orange Chicken, (sauce on the side) Rice Broccoli, Dinner Roll, Tea Roll(E), Fruit, Milk</p>	<p>14 BREAKFAST: Muffins/Yogurt Toast/Cereal, Fruit, Juice, Milk LUNCH: Hamburger on Bun French Fries, Baked Beans, Tomato Slices, Fruit, Milk</p>	<p>15 BREAKFAST: Yogurt Fruit Smoothy/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Alfredo, Glazed Carrots, Winter Mix Veggies, Garlic Knots, Fruit, Milk</p>
<p>18 BREAKFAST: Oatmeal with Toppings/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Sloppy Joes, Onion Rings, Broccoli, Fruit, Milk</p>	<p>19 BREAKFAST: Muffins/Yogurt Toast/Cereal, Fruit, Juice, Milk LUNCH: Taco's, Black Bean Salsa* Corn, Shred. Lettuce, Tomatoes, Rice Krispie Treat*, Fruit, Milk</p>	<p>20 1:30 EARLY OUT BREAKFAST: Iced Long Johns/Toast/Cereal, Fruit, Juice, Milk LUNCH: Creamed Chicken & Biscuits, Mashed Potatoes, Peas, Fruit, Milk</p>	<p>21 BREAKFAST: Muffins Toast/Yogurt/Cereal, Fruit Juice, Milk LUNCH: Corn Dogs, Baked Beans, French Fries, Radishes* Fruit, Milk</p>	<p>22 BREAKFAST: Scr. Egg Scramble/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Turkey, Mashed Potatoes, Gravy, Green Bean Casserole*Gr.Beans(E),Pumpkin Dessert, Tea Roll, Fruit, Milk No Salad Bar or Alternate (E)</p>
<p>25 BREAKFAST: Breakfast Pizza/ Toast/Cereal, Fruit, Juice, Milk UNCH: Breaded Chicken Patty on Bun, Potato Wedges, Broccoli, Sliced Tomatoes, Fruit, Milk NO SALAD BAR</p>	<p>26 1:30EARLY OUT BREAKFAST: Muffins/Yogurt Toast/Cereal, Fruit, Juice, Milk LUNCH: French Bread Pizza Corn, Baby Carrots, Cookie, Fruit, Milk NO SALAD BAR</p>	<p>27 CLOSED THANKSGIVING</p>	<p>28 CLOSED THANKSGIVING</p>	<p>29 CLOSED THANKSGIVING</p>

All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

* = M./Sr. High only, E = Elementary only
FF = Finger Foods

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